



Brewood CE Middle Academy



"Let all you do be done in love"

Headteacher's Newsletter

Spring Term 3

Good Ofsted Provider

23rd January

The Vision for our Academy

We value and cherish every member of our community and celebrate their uniqueness.

Our values led curriculum promotes a love of life and learning inspiring every individual to be a respectful, resilient, and faithful global citizen.

KS2 Attendance: 5TW 100%

KS3 Attendance: 8SB 99%



Dear Families

The first three weeks back since the Christmas break have flown by and looking back we have already packed so much in the curriculum both in and out of school. It has been great to see families in school whether it is to celebrate the successes of KS2 on a Friday afternoons or joining our pupils at lunchtime to share a special meal. I am also aware that families have supported their children at sporting events and also whilst practicing their skiing at Telford in preparation for our visit to France in March this year. Support such as this makes a huge difference to our pupils helping them to develop both their confidence and self esteem. Thank you for your efforts.

Sports Hall Athletics

A big well done to all those Key Stage 3 pupils that represented the academy on Wednesday 21st at the Sports Hall Athletics event. Mr Dean said that the pupils performed brilliantly in the different events and showed determination throughout to be the best that they could be. The results from the boy's heats and the girl's heat are combined to gain an overall score and I am delighted to say that Brewood have qualified for the regional event. Thank you and congratulations to all those pupils who took part.

Bikeability

It was the turn of Year 5 to take to their bikes this week as pupils spent time around the village mastering their skills along with their confidence both on and off the roads. It won't be long until the lighter nights allow many pupils to use the bikes after school so its great to see so many pupils checking their bikes, putting on their helmets and riding safely on the roads. Well done to Year 5 and good luck to Year 6 who begin their training next week.

Have a lovely weekend.

Mr Smith

At Brewood CE Middle Academy

Good attendance means...

Being in school at least 97% of the time or 184 to 190 days

365 days in a calendar year

0 days absence
190 school days in each year
100% Attendance
Best Chances of success.
"Well Done!"

6 days absence
184 days of education
97% Attendance
Best Chances of success.
"Well Done!"

10 days absence
171 days of education
90% Attendance
Peer attendance - less chance of success.
"I'm worried"

20 days absence
161 days of education
85% Attendance
Peer attendance - less chance of success.
"I'm worried"

30 days absence
152 days of education
80% Attendance
Very poor attendance - serious impact on education and reduces life chances.
"I'm seriously concerned"

47 days absence
143 days of education
75% Attendance
Very poor attendance - serious impact on education and reduces life chances.
"I'm seriously concerned"

St Chad's Academies Trust



Term Dates



AUTUMN TERM 2025

Inset Day 1: Monday 1 September

Inset Day 2: Tuesday 2 September

Term Starts: Wednesday 3 September

Holiday: Monday 27 October - Friday 31 October

Term Starts: Monday 3 November

Term Ends: Friday 19 December at 1.30pm

Holiday: Friday 22 December—Friday 2 January

SPRING TERM 2026

Inset Day 3: Monday 5 January

Term Starts: Tuesday 6 January

Holiday: Monday 16 February—Friday 20 February

Term Ends: Friday 27 March

Holiday: Monday 30 March—Friday 10 April

SUMMER TERM 2026

Term Starts: Monday 13 April

May Day: Monday 4 May

Inset Day: Friday 22 May

Holiday: Monday 25 May—Friday 29 May

Term Ends: Friday 17 July at 1.30pm

Inset Day 5: Monday 20 July

Holiday: Tuesday 21 July—Monday 31 August

END OF
TERM!!!

The logo consists of the words 'WHAT'S' and 'ON' in a bold, sans-serif font. 'WHAT'S' is in black text on a yellow rectangular background, and 'ON' is in white text on a red rectangular background. The two rectangles are slightly offset from each other, with 'ON' appearing to be in front of 'WHAT'S'. The entire logo is enclosed within a red rectangular border.

WHAT'S

ON

January 2026

19th Interims Reports—Emailed Home

20th Year 5 Bikeability

21st Year 5 Bikeability

22nd Year 5 Bikeability

27th Year 6 Bikeability

28th Year 6 Bikeability / 5.30pm Year 5 Information Eve for Whitemoor Lakes

29th Year 6 Bikeability

February

3rd Chinese New Year / Chinese Themed Lunch

4th 6KW Parents' Lunch

9th Children's Mental Health Week

10th SEND Coffee Morning / Height & Weight Checks/4—7pm Parent's Consultation Evening—Years 5 & 7

11th 6AC Parent's Lunch

13th Valentines Day Themed Lunch / **3.30pm End of Term**

23rd Term starts for pupils and staff

24th 4—7pm, Parents' Consultation Years 6 & 8

25th 5AS Parents' Lunch

26th 3.45pm Preloved Uniform Shop Open

March

2nd National Careers Week

5th World Book Day and Themed Lunch Available

9th Ski Trip Departs to France

A vibrant red poster for Chinese New Year. At the top, two glowing orange lanterns hang from a string of yellow tassels. The title 'CHINESE NEW YEAR' is written in large, bold, yellow capital letters. Below the title, a dark red banner contains the date 'TUESDAY 3 FEBRUARY' in white. The word 'MENU' is written in a white, elegant cursive script. The menu items are listed in white capital letters: 'SWEET & SOUR CHICKEN SERVED WITH BOILED RICE', 'GRAB & GO - CHICKEN CHOW MEIN', 'VEGETABLE SPRING ROLLS & FRIED RICE', and 'LEMON CAKE OR CHINESE BISCUITS'. The bottom of the poster features a black silhouette of a horse running through stylized orange and yellow clouds. On the left and right sides, there are illustrations of traditional Chinese pagodas with blue roofs and yellow walls. The entire poster is framed by a yellow border.

CHINESE NEW YEAR

TUESDAY

3

FEBRUARY

Menu

SWEET & SOUR CHICKEN SERVED WITH BOILED RICE

GRAB & GO - CHICKEN CHOW MEIN

VEGETABLE SPRING ROLLS & FRIED RICE

LEMON CAKE
OR
CHINESE BISCUITS

LUNCH

Week 1



W/C 01/09, 22/09, 13/10, 03/11, 24/11, 15/12, 05/01, 26/01

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Cheese & Tomato Pizza 	BBQ Chicken & Wedges	Roast Chicken with Roast Potatoes	Pasta Bolognese with Garlic Bread	Fish Fingers with Chips
MAIN 2	Crispy Topped Cauliflower & Broccoli Bake 	Tasty Red Pepper & Bean Biryani 	Hearty Quorn Roast, Roast Potatoes 	Sweet Potato, Leek & Cheese Calzone 	Crispy Quorn Nuggets & Chips 
VEG	Half Jacket & Green Beans	Fresh Broccoli	Carrots & Cabbage	Sweetcorn	Carrots & Peas or Baked Beans
3 rd OPTION	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli
DESSERT	Freshly Baked Chocolate Cookie 	Plum Sponge Pudding & Custard 	Pear Upside-Down Pudding 	Fruity Jelly Pot 	Lime & Coconut Cake 
AVAILABLE DAILY: A selection of fresh seasonal fruit (cut or whole)  , flavoured yoghurts  as well as freshly baked bread  & seasonal salad bar  . Third option includes vegan and vegetarian items.					

MENU KEY

 Vegetarian

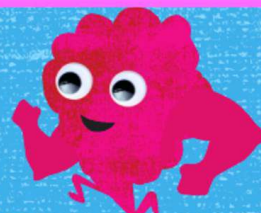
 Vegan and Planet Friendly

 New Dish



LUNCH

Week 2



W/C 08/09, 29/09, 20/10, 10/11, 01/12, 12/01, 02/02

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Creamy Mac'n'Cheese 	Chicken Tenders & Wedges	Roast Chicken with Roast Potatoes	Sausage Penne Pasta Bake	Battered Fish & Chips
MAIN 2	Chickpea & Spinach Curry 	Roasted & Loaded Five Bean Chilli & Wedges 	Teriyaki Noodles 	 Chickpea & Coconut Dahl 	 Breakfast Wrap & Chips 
VEG	Garlic Bread & Peas	Sweetcorn	Fresh Roast Carrots & Swede	New Potatoes & Broccoli	Carrots & Peas or Baked Beans
3 rd OPTION	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli
DESSERT	Chocolate Cornflake Cake 	 Fruity Bread & Butter Pudding 	Ginger Cake 	 Autumn Fruit Crumble & Custard 	Apple & Berry Traybake 
AVAILABLE DAILY: A selection of fresh seasonal fruit (cut or whole)  , flavoured yoghurts  as well as freshly baked bread  & seasonal salad bar  . Third option includes vegan and vegetarian items.					

MENU KEY

 Vegetarian

 Vegan and Planet Friendly

 New Dish



LUNCH

Week 3



W/C 15/09, 06/10, 27/10, 17/11, 08/12, 19/01, 09/02

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Cheese & Tomato Pizza Slab 	Jerk Chicken & Rice	Roast Chicken & Roast Potatoes	Beef Burrito	Fish Fingers & Chips
MAIN 2	Creamy Leek & Cheese Pie 	Authentic Chickpea & Spinach Curry, Rice 	Golden Sausage Roll  & Roast Potatoes	Hearty Spaghetti & Meatballs 	Jerk Hot Dog & Chips 
VEG	Wedges & Sweetcorn	Roasted Cauliflower	Savoy Cabbage & Roasted Squash	Focaccia & Green Beans	Carrots & Peas or Baked Beans
3 RD OPTION	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli	Pasta, Jacket Potato & Deli
DESSERT	Apple & Cinnamon Flapjack 	 Chocolate Mousse 	 Pear & Ginger Cake 	 Autumn Fruit Pie & Custard 	Freshly Baked Vanilla Cookie 

AVAILABLE DAILY: A selection of fresh seasonal fruit (cut or whole) () , flavoured yoghurts () as well as freshly baked bread () & seasonal salad bar () . Third option includes vegan and vegetarian items.

MENU KEY  Vegetarian  Vegan and Planet Friendly  New Dish



Safeguarding Bookmark—January 23rd

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about HEALTH & FITNESS APPS

WHAT ARE THE RISKS?

Physical wellbeing apps are useful tools for monitoring and improving our health. They allow us to balance nutrition, set goals, track our activities and sleep patterns, and motivate us to exercise. Nonetheless, there have been some reported drawbacks; this guide outlines some of these concerns and explains how to use fitness apps safely.

LACK OF PERSONALISATION

Many apps take a one-size-fits-all approach, failing to account for the varying ages and abilities of children: a 16-year-old, for example, will have different physical needs to a child of 10. This can create unrealistic expectations and set exercises which may be too advanced for younger children or too simple for older ones.

NOT DEVELOPED BY EXPERTS

Some fitness and wellbeing apps are developed by experts in the field – but a concerning number of them aren't. As such, these platforms may contain inaccurate information. They may present safety concerns by giving incorrect advice regarding physical activities or might include age-inappropriate content which would clearly cause more harm than good.

REDUCED INTERACTION WITH OTHERS

Physical wellbeing apps can remove the social and interactive elements which physical exercise can offer – for instance, meeting people at fitness classes, at the gym or during any other such activities. Research has found that young people generally dislike this aspect of fitness apps, suggesting that they would rather exercise in the company of friends or other like-minded individuals.

DATA AND PRIVACY CONCERNS

Fitness and wellbeing apps tend to collect a lot of personal information from their users, including name, location, date of birth, details of their physical health and more. It's worth keeping in mind that some of these apps may sell this data to third parties. We'd advise that any apps young people download should have the correct legislation in place to protect their safety and privacy while using the service.

ADDITIONAL COSTS

While many fitness apps are free to download, the initial content is quite basic. Users will only receive more helpful content (such as new workouts, nutrition advice or a personalised plan) by signing up to a subscription or paying for extra features. This can incentivise users to spend money on the service – a cost which can quickly mount up.

DEPENDENCY ON THE APP

While physical wellbeing apps can help motivate young users to manage their fitness, there's a possibility that – without being sent frequent rewards and reminders – children could start to lose their natural drive to be active. Young people may also become obsessed with tracking their exercise, health and eating habits: this can have negative effects on their mental and emotional wellbeing.

Advice for Parents & Educators

EXERCISE AND SOCIALISE

Highlight the importance of children enjoying fitness activities with family and friends, rather than always exercising alone. Emphasise the fun they can have by interacting with others rather than solely relying on an app to maintain their regime. Remind them of the importance of staying active, as well as the benefits of doing so with company.

PROMOTE POSITIVE BODY IMAGE

While we want children to be active and healthy, we must also ensure they don't become fixated on how they look and begin take things too far. During childhood and adolescence, the body is still growing and changing. It's vitally important for young people's wellbeing that we promote a positive body image and a healthy relationship with food, empowering them to make informed decisions about their diet and lifestyle.

REVIEW THE APP FIRST

Before allowing someone under 18 to install a fitness and wellbeing app, check its age rating, read its reviews and scroll through its data policy, to ensure its suitability for younger users. You could also try it yourself, to see if it's appropriate for the child's particular needs and decide if you're comfortable with them using it. Ensure that any privacy-compromising features – such as location tracking – are disabled.

USE PARENTAL CONTROLS

As with all apps, it's important for parents to familiarise themselves with any controls on the app and to use these on a child's account. The specific settings vary between platforms but – most commonly – these will relate to screen-time limits, disabling or capping in-app purchases, and managing social aspects or features which aren't age appropriate. By utilising these controls, you can help to ensure a child is getting a safe experience.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher on cyber-bullying, disordered eating, self-harm, mental health and online safety.



#WakeUp

The National

Remembering Mrs Challenger

On Monday 26th January it will be a 2 years since the tragic loss of Mrs Jade Challenger. Mrs Challenger worked as a teacher at Brewood Middle School for over 20 years and was as a much-loved member of the local community. She passed away following a courageous 20-month battle with an aggressive form of bowel cancer.

Never forgotten in our hearts



RE Parable of the week— By Mrs S Kemp

The Parable of the Wheat and the Weeds

Another parable He put forth to them, saying: "The kingdom of heaven is like a man who sowed good seed in his field; but while men slept, his enemy came and sowed weeds among the wheat and went his way. But when the grain had sprouted and produced a crop, then the weeds also appeared. So the servants of the owner came and said to him, 'Sir, did you not sow good seed in your field? How then does it have weeds?' He said to them, 'An enemy has done this.' The servants said to him, 'Do you want us then to go and gather them up?' But he said, 'No, lest while you gather up the weeds you also uproot the wheat with them. Let both grow together until the harvest, and at the time of harvest I will say to the reapers, "First gather together the weeds and bind them in bundles to burn them, but gather the wheat into my barn."' Matthew 13:2

At Brewood Middle Academy we treasure all of our pupils and celebrate their achievements. When you struggle or find things difficult, we are there to help guide you on the right path. Our worship theme this week is compassion – for both ourselves and others.

Let Us Pray

Dear Father, Thank you for this day, and for the love that comes our way. Help us see with kinder eyes, to understand and empathise.

Bless our hearts with gentle grace, for every person, in every place. May we lend a helping hand, and make this world a better land.

Guide us to be kind and fair, to show compassion everywhere. In every word and every deed, help us sow love like a precious seed.

Amen

YOUR WORLD



Have you got any news about your child that you would like to share?

Let's celebrate your child's achievements!

To submit a story on 'YOUR WORLD' —email : -
K-haynes@brewood.staffs.sch.uk for the attention
of the Newsletter Editor.