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BREWOOD CE MIDDLE ACADEMY

Let all that you do, be done in Love
1 Corinthians 16:14

9th September 2025

Dear Families,

Swimming Provision 2026-2027

Please see below the swimming timetable for this academic year for our Year 5 pupils. The TOP UP session, later in the year, will be by invitation only and are for those pupils whom we believe need some additional support to reach National Curriculum standard. If the pupils identified for TOP UP have progressed since we saw them last swim, they may not need to attend the lesson.
We will endeavour to keep to these dates. Sometimes the pool closes at short notice for example for repairs - clearly this cannot be predicted or planned for in advance and is beyond our control.

All lessons will take place at Penkridge Leisure Centre on **Wednesday afternoons**; tuition and transport is provided. Please note that the minibuses will be **leaving Brewood CE Middle Academy at 1:45pm** and the swimming session begins at 2:15pm. Pupils will return around 3:15pm to make their **normal transport home.**

Pupils should come to school in PE kit and be 'beach ready' i.e., with costume/swimming trunks/shorts on beneath their kit – this will ensure quick changing and maximum swim time. It is important that your child remembers to pack a towel and underwear for after swimming.

Girls should wear a swimming costume and have a swimming cap or hair tie if they have long hair. Boys should wear swimming trunks or short shorts as opposed to long beach shorts and have a swim cap/hair tie if their hair is long.
There is specific guidance from the County regarding the use of goggles – this is attached – a brief note to give permission for goggles should be handed to your child's form teacher if they wish to wear them. Pupils should be proficient in putting on and taking off their own goggles.

Class	Dates	Number of sessions
5AS	Group A 2/12, 6/1, 13/1, 20/1 Group B 27/1, 3/2, 10/2, 24/2	4
5EH	Group A 30/9, 7/10, 14/10, 21/10 Group B 4/11, 11/11, 18/11, 25/11	4
5HB	Group A 19/5, 26/5, 2/6, 9/6 Group B 16/6, 23/6, 30/6, 14/6	4
5GM	Group A 3/3, 10, 3, 17/3, 14/4 Group B 21/4, 28/4, 5/5, 12/5	4
Year 5 Top Up	Will be confirmed in a separate letter	
Year 6 Top Up	Will be confirmed in a separate letter	

Swimming is regarded as an important life skill. Therefore, any additional opportunities for your child to swim before or alongside these lessons would be very beneficial.

Yours faithfully,

Miss J Evans
PE Teacher

Mr J Smith
Trust Head Teacher

St Chad's Academies Trust

I give permission for_____ of class_____

to participate in swimming.

Signed_____ (person with parental responsibility).

I wish my child to wear goggles for the following reason:

_____

_____

Improving education & skills

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Swimming Services

Policy guidelines for the use of swimming goggles in lessons delivered by Swimming Services.

1. Goggles are not necessary within short curriculum swimming lessons (typically 20 to 25 minutes water time) or for single, short races in school galas

2. Goggles are intended for use in long, regular swimming sessions when:
   a. the eyes would be exposed for long periods to the effects of the chemicals in the water
   b. the tissue around the eyes does not dry out between training sessions and thus becomes more susceptible to infection

3. For reasons of Safe Practice in Sport, it is recommended that the use of goggles should not be allowed unless a school is satisfied that a pupil has 'exceptional circumstances' – ie, through involvement in long and frequent training sessions, outside school hours, or if the individual has particularly sensitive eyes, or for some other exceptional circumstance.

4. Wet plastic can be slippery and, frequent, incorrect or unnecessary adjustment or removal of goggles, such as pulling them away from the eyes instead of sliding them over the forehead, could cause an eye injury and parents should be made aware of this risk.

5. In crowded water space there is an increased likelihood of accidental collision that may lead to eye injury by those wearing goggles.

6. When large numbers of pupils complain of eye irritation it is likely to be a chemical imbalance which can be easily rectified.

7. In the rare circumstances where the use of goggles are allowed in a school, as described in (paragraph 3), the adult responsible for the group has the right to require the pupil to remove them for reasons of safe practice if a pupil uses them inappropriately.

8. It is a parents' responsibility to ensure their child is able to safely apply and remove the goggles.

9. Certain elements of our Award Scheme do require pupils to remove their goggles.

10. A medical certificate is not essential for a school to allow a pupil to use goggles. However, schools do, as a minimum, require a letter from a parent/carer stating the pupil's 'exceptional circumstances' to enable a school to consider a request for their child to use goggles during a school swimming activity. The letter should then be kept on file in school.

11. Please note - it is important that all parents of children who swim under the care of a school have access to these guidance notes prior to commencing a swimming activity. This will ensure that parents are aware of the current Safe Practice in Sport guidelines that are referred to in this document concerning the use of goggles.